

HOLISTIC TREATMENT DISCHARGE

Patient Name: _____

Date: _____

What are homeopathics?

Homeopathic remedies are ultra-dilute preparations of common substances; herbs, mineral or animal. They are so dilute that there is little or none of the original substance present. They retain the imprint of the original substance in a more energetic form and work on a deep energy level. Each step of the dilution process is accompanied by succussion (shaking) so it gains energetic strength at each dilution. Therefore, a more dilute level or higher potency has much less substance, but stronger action. Homeopathic remedies work to help the body heal itself naturally. The purpose is to reach a state of health such that no further treatment is necessary.

*** Drugs may also dilute the effectiveness of remedies. If needed for pain relief they may be continued with the goal to eventually taper off as the patient improves. Essential oils will interfere with remedies ability to work. Do not use essential oils in combination with remedies.

How do I store my homeopathic?

Homeopathic remedies should be stored in a kitchen or medicine cabinet. You should not refrigerate them unless specifically directed to do so by the Doctor. You do not want to store them around appliances or electrical outlets. Some homeopathics have lasted hundreds of years. Slowly turn your bottle upside down and examine for any mold floating in the bottle. If mold is present discard the remedy.

How do I give my homeopathic?

Homeopathics should be administered to the mucous membrane on the nose, lip, gum, tongue. You do not want to touch the dropper to the pet and then place back in the bottle. If you have a hard pet to medicate you can put your homeopathic in some water. **DO NOT PUT YOUR HOMEOPATHIC IN FOOD.** You should administer your homeopathics 15-30 minutes apart from other meds or food.

What does "As Symptoms Indicate" mean?

Your homeopathic may be labeled to give as symptoms indicate. Classical homeopathics look at the entire case not just one symptom. Give your remedy and observe, what changes do you see in the pet's entire being. If none repeat and observe. If you start seeing changes then give the remedy as the pet indicates to you may be needed. It is important to keep a log of the pet's behaviors, physical changes, and mental changes. We can cause a healing crisis if we just continue to repeat the homeopathic and do not watch to see what the pet's body is telling us.

What are Homotox's?

Homotox remedies are used to improve cellular function. They heal mitochondria in the cells so toxins can be drained out. Homeopathics should be administered to the mucous membrane on the nose, lip, gum, tongue. You do not want to touch the dropper to the pet and then place back in the bottle. If you have a hard pet to medicate you can put your homeopathic in some water. **DO NOT PUT YOUR HOMEOPATHIC IN FOOD.** You should administer your homeopathics 15-30 minutes apart from other meds or food. Essential oils will interfere with homotox's ability to work. Do not use essential oils in combination with remedies.

Chinese Herbals

Herbals are slower to take effect than drugs. It will take about 2 weeks until you can see effect from most herbals. They are intended for long term use. We usually dispense a small trial size so you can be sure you can give it well. When it is finished, you should refill it until it has completed balancing the disorder out. Herbals have few side effects (unlike drugs). The most common side effect is diarrhea because some patients find them too rich. If you see diarrhea, stop the herb for 3 days. If the diarrhea stops, you know the herb was too rich. At that point, you can cut the dose in half and return to it. The lower dose should be gentler and tolerated better by more sensitive patients.

Medications: Amount?	How often?	How to apply?
-----------------------------	-------------------	----------------------

1.		
-----------	--	--

2.		
-----------	--	--

3.		
-----------	--	--

4.		
-----------	--	--

Recheck appointment when: _____ **Please make appointment at reception desk.**

Other Instructions:
